

FY23 ANNUAL REPORT



Mental Health & Recovery Board

of Wayne and Holmes Counties

1985 EAGLE PASS, WOOSTER, OHIO 44691

330-264-2527

WWW.WHMHRB.ORG



The mission of the Mental Health & Recovery Board of Wayne and Holmes Counties is to provide leadership, support, and funding to community partners and agencies in the delivery of mental health and addiction prevention, treatment, and recovery services.

OUR ROLE

The Mental Health & Recovery Board of Wayne and Holmes Counties is a public body composed of up to 18 citizens of the two counties appointed by the Ohio Department of Mental Health and Addiction Services and the two boards of county commissioners to serve voluntarily. The MHRB identifies needs and funds, monitors and evaluates mental health and substance use disorder services. The Board contracts with providers to offer prevention, education, treatment and recovery supports.

MHRB LEVY

In November of 2017, citizens of Wayne and Holmes counties passed a 1-mill, 10-year replacement levy, which provides more than \$4 million annually to support the MHRB to secure and increase needed services. The MHRB is utilizing levy funding to improve available crisis and suicide prevention services, expand recovery housing and peer support programming, subsidize supportive housing and peer support programming and increase available service and supports.

SERVICE LOCATIONS

The MHRB is located at 1985 Eagle Pass, Wooster, near the offices of Anazao Community Partners, The Counseling Center and NAMI. Catholic Charities and OneEighty have offices in downtown Wooster. TCC has additional offices in Orrville, Rittman and Millersburg. OneEighty has a Millersburg office — as does Anazao — as well as an office at the Milltown Professional Building.

PAYMENT FOR SERVICES

The charge for services at a Board-contracted provider is contingent upon how much an individual or family can afford to pay, based on family income. Payment is accepted from private insurance, Medicaid, Medicare and other sources first. The Board is always the payer of last resort. Individuals are offered the opportunity to enroll in the Board's Ability to Pay Fee Schedule to ensure that the behavioral health services offered locally are available to them. The MHRB utilizes funds to share in the cost of services when clients, who are residents of Wayne or Holmes counties, are unable to afford payment. No one is turned away because of inability to pay.

MHRB-FUNDED PARTNERS

Anazao Community Partners: Access and prevention services; adult and vocational services; school-based services; specialized outpatient services, including service coordination and care for families, youth and children; and substance abuse and mental health treatment.

Catholic Charities: Developmental disabilities services, Juvenile Court Services, counseling and psychiatric services and early childhood mental health services.

NAMI: MOCA House, a peer-run group for those recovering from mental illness; education and support groups for families of those with mental illness; law enforcement Crisis Intervention Team training; support and postvention for families after a suicide loss and Warrior's Journey Home.

OneEighty: addiction treatment, peer recovery services, recovery housing, housing and supportive services; services for intimate partner violence and sexual assault, prevention/education programs, mental health counseling.

The Counseling Center: 24-hour crisis intervention, counseling and psychiatric services, prevention and community education programs and comprehensive mental health services for children, adults and families.

MHRB-FUNDED PARTNER AGENCIES



2587 Back Orrville Road, Wooster

119 E. Market St., Orrville

7368 County Road 623, Millersburg

anazaocommunitypartners.org

Anazao Community Partners is a private, nonprofit organization providing treatment, intervention and prevention services to residents and organizations throughout Wayne and Holmes Counties. Specializing in rapid access and program development and implementation, Anazao is recognized as a leader in building innovative community partnerships.

Its treatment services include assessment, individual, group, marital and family counseling.

Its intervention services offer a broad array of outreach programs for individuals who are involved with the criminal justice system, in unstable families or in need of assistance to find employment.

FY23 Summary

Reflecting on FY23, Anazao Community Partners faced unprecedented challenges related to the increased demand for services, the heightened severity of consumer needs, and workforce recruitment and retention issues. While there was a modest decrease in the total number of consumers compared to the prior fiscal year, the agency grappled with a substantial surge in demand, surpassing pre-pandemic levels. Many individuals sought services for the first time after enduring chronic traumatic stress over the past three years. Moreover, the agency witnessed a significant increase in the severity and intensity of needs among those seeking care, including a year-to-year surge of nearly 150% in suicidal presentations, marking a nearly 400% increase from pre-pandemic levels.

To address these mounting challenges, the agency devised a strategy to expand its model of providing assessments in community settings. It also employed the SBIRT model and embraced concepts like "no-wrong-door" to better prioritize individualized care, ensuring consumers received the right type and amount of services needed for their recovery while mitigating the strain on staff and reducing burnout. Implementing a standardized intake screening tool and treatment planning and continued stay measures enhanced clinical decision-making efficiency. It also ensured that staff were supported in making clinically informed decisions about the duration and frequency of services while managing limited capacity. Additionally, the agency recognized the importance of supporting its existing staff, stabilizing the workforce, and improving service accessibility while reducing anxiety through the deployment of a consumer portal.



As an agency, Anazao has succeeded in retaining quality staff, unlike some other fields, and is committed to finding creative ways to support its staff. Initial steps included investments in its physical infrastructure to create more conducive work environments. Prioritizing youth services and case and care management services remained essential, given their high demand and referral rates. Collaboration with schools and early detection of trauma and its effects were seen as a way to improve outcomes, potentially reducing lengths of stay and enhancing recovery results. This approach ultimately benefited those under the agency's care. As FY23 has closed, Anazao's primary focus remains on providing innovative support to its current staff and adjusting systems to benefit both staff and consumers. The agency continues to prioritize swift access to care, robust case management services for target populations, and strong collaboration with partners.

MHRB-FUNDED PARTNER AGENCIES



2525 Back Orrville Road, Wooster

namiwayneholmes.org

Mission

Provide a place of safety where all persons affected by a mental health concern feel accepted and can build hope through peer-based programming, and to deliver education, suicide prevention, and support to family members and the community.

FY23 Summary

The local NAMI affiliate provides family education and support, and manages the Crisis Intervention Team training to law enforcement and first responders, and the Wayne-Holmes Suicide Prevention Coalition is one of NAMI's committees. In addition, it facilitates the People Affected by a Loved-one's Suicide support group and coordinates the Local Outreach to Suicide Survivors Team. All programs come at no cost to the persons served.

Our largest program, the MOCA House Recovery program, completed its 13th year of existence. MOCA House is a drop-in center with support, education, and other activities that help adults in their recovery from a mental illness. NAMI Wayne-Holmes is the only Peer-Run Organization certified by OhioMHAS serving Wayne and Holmes Counties.

Our Board of Directors is active in policy making, fiscal decisions, fundraising and advocacy activities. Our staff attended a variety of trainings and conferences, and we documented 5,232.75 volunteer hours that support our programs

In FY23, the MOCA House Program documented 3,029 in-person visits from 110 unique persons seeking recovery services while open for services.

There was an average of 14 persons attending per day and 252 in-person visits per month. Staff also provided support to peers and families by making 749 phone calls, mailing 451 encouragement cards

and having 250 attend Zoom support groups. NAMI was able to reach an additional 297 unique persons through those efforts.

The Family Education and Support program served seven persons in NAMI's signature eight-week Family to Family education class. In addition to the family education course, NAMI provides a monthly family support group open to any person who has a family member with a mental illness. This group serves an average of seven persons per meeting.

The Suicide Prevention Coalition is made up of persons from the local mental health system, health departments, Children Services, Wooster hospital Behavioral Health program and other social service organizations. This group evaluates ways to lower attempts and suicides in the two-county area through education and media outlets.



The People Affected by a Loved-one's Suicide support group meets monthly with attendance averaging 9 at each meeting. There are always two facilitators present for each meeting.

The Local Outreach to Suicide Survivors team responded to 20 persons who lost a loved one to suicide in FY23. Two deaths were in Holmes County and 10 were in Wayne County. After a suicide, these persons received a visit or phone call with a packet of resources

Twenty-four law enforcement officers graduated the Crisis Intervention Team 40-hour training class in FY23. In CIT, we collaborate with multiple community partners to present on various topics. We also held a one-day Advanced Training in April with Dr. Carrie Steiner and had 25 CIT-trained officers attending. In March/April 2023, we provided two one-day trainings of CIT dispatch training. There were 34 people that attended. .

MHRB-FUNDED PARTNER AGENCIES



104 Spink St., Wooster
34C Clay St., Millersburg
128 E. Milltown Road, Suite 202
one-eighty.org

In 1974, STEPS at Liberty Center (formerly Wayne County Alcoholism Services) began as a one-person operation. Over the years, the agency has grown to offer a full continuum of substance use prevention, intervention and treatment services. In 2005, the agency was selected as one of 13 providers to participate in the Network for the Improvement of Addiction Treatment -- a national program tasked with improving the treatment and outcomes of individuals facing substance use challenges. OneEighty remains actively involved in this important effort and since its inception, NIATx has grown to include over 1,000 treatment providers.

Every Woman's House began in 1978, when a group of women began meeting informally to discuss the need to serve women who were victims of family violence—especially those trying to flee from an abusive partner. The women began using volunteer efforts to provide shelter and support to battered women and rape victims. In 1982, the donation of an 11-room house allowed the agency to offer a short-term domestic violence shelter, while also expanding its services to include victim advocacy, counseling, support groups, and a 24-hour hotline.

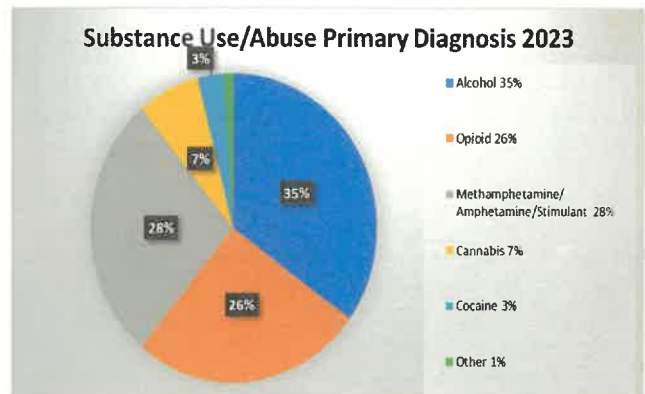
OneEighty continued to “Help People Change Direction” through FY23 despite numerous challenges that required flexibility and creativity. The need to continue adaptation to the COVID 19 pandemic continued through FY’23. Related consequences forced OneEighty to continue to adapt services to the new environment and to create approaches and services that met the changing needs of our community.

Early on, OneEighty adopted the belief that our services were critical essential healthcare services and continued to accept admissions to residential treatment and shelter programs – adjusting as COVID and other illnesses broke out among residents or staff. Outpatient treatment also continued with a hybrid of telehealth and in-person services. Homeless individuals were still housed. Prevention programming created new delivery techniques and an increased commitment to our mission. Increased safety practices were implemented to keep our staff and clients safe. We honestly believe that our approach to balancing client needs with pandemic precautions saved lives.

During FY23, OneEighty provided clinical services to 1616 individuals which was a 9% increase from FY22. The number of services increased as well from 74,019 to 87,709 (18% increase). Adjustments were made to overcome lack of workforce available to provide the services.

Services were provided in the following areas: substance abuse, victim services, mental health, supportive services and community relations and prevention programming. Numerous evidence-based treatment approaches are utilized such as the Matrix Model, Dialectical Behavior Therapy, Eye Movement Desensitization and Reprocessing, Cognitive Behavioral Therapy, Trauma-Informed Care, Motivational Interviewing and Equine Therapy. Evidenced-based prevention programs include community coalitions and youth mentoring among others.

Substance Abuse Services: The following substance abuse treatment services were provided by OneEighty staff – assessments, individual, group and family outpatient counseling, intensive outpatient, partial hospitalization, jail-based counseling programs, medical services, residential programs and recovery supports. In addition, OneEighty provided psychosocial assessments, peer support and discharge planning to patients in the Wooster Community Hospital RAMP program. This is a medical stabilization program for people needing detoxified from alcohol and opiates.



Residential treatment programs have experienced a significant decrease in length of stay for clients due to changes in Medicaid. The average length of stay has decreased from 123 days in FY17 to 41 days in FY23. As a result of this shortened stay, we are developing additional transitional and support services to help clients maintain their sobriety after being discharged from residential treatment. These include transitional and recovery housing, the OASIS recovery club, recovery coaching, and a partial hospitalization program.

MHRB-FUNDED PARTNER AGENCIES



2285 Benden Drive, Wooster

212 N. Washington St., Millersburg

859 S. Main St., Orrville

22 W. Ohio St., Rittman

ccwhc.org

Mission

To make a difference in the lives of those who seek our care and to promote positive mental health in the communities that we serve.

The Counseling Center

A private, nonprofit corporation providing comprehensive and confidential mental health services in Wayne and Holmes counties. We help over 3,500 individuals each year and reach over 8,000 additional residents through community educational programming. Typical problems for which people seek assistance include depression, anxiety, child behavioral difficulties, relationship problems, grief and loss, job difficulties, sexual and physical abuse, suicide and stress-related disorders.

Services are provided on a nondiscriminatory basis and can be arranged by calling any office location.

The Counseling Center operates the following programs: Adult Community Psychiatric Supportive Treatment Services, Community Education and Prevention, Counseling and Psychotherapy, Crisis Intervention/Emergency Services, Psychiatric Services, Residential Services and Specialized Children's Services.

Among the goals achieved, the CPST staff reports keeping clients out of hospitals, adjusting to covering more clients, retaining the majority of its team, having six case managers trained in Best Practices in Schizophrenia Treatment and have six case managers trained in CBT-p informed strategies— Recovery Enhances Practices for Psychosis.

The CEP program continues to achieve its goal of being responsible to overall community and its individual constituencies, providing new training topics to previous audiences and expanding to new audiences, while keeping in mind the prevailing conditions and challenges in the community. One challenge common to most communities is the ongoing

response to the pandemic.

Counseling and Psychotherapy Services worked to reduce wait times through the implementation of new scheduling strategies and structures with the goal of improving overall access. The program moved to a standard 45-minute appointment time, allowing for two additional appointments per day. Additionally, through the implementation of schedule templates within the agency, the counselors were afforded more accurate scheduling and flexibility in their appointment times.

Among its special accomplishments, Crisis Intervention/Emergency Services was able to offer additional crisis staff in providing coverage on weekends and outside normally scheduled shifts, allowing it to continue providing services 24/7. Without this, the program would find it difficult to meet all hours and community needs. The crisis team also has been able to successfully integrate with the MRSS team in triaging and responding to youth crisis called in the community.

Psychiatric Services did not have a program director in plan the entire fiscal year, which presented many challenges. However, clinicians are now able to direct schedule psychiatric appointments during a client's initial diagnostic assessment session. And medical DAs were introduced for clients who only want psychiatric services.

Residential Services: TCC has continued to work on structural improvements. At the Nold Avenue congregate living site, the home had a new roof, electrical and plumbing, was fully painted and had new furniture. Parkview also got new furniture and some structural improvements. The Portage treatment site got a new HVAC system and a new roof. The total renovation of Portage is in process.

The Specialized Children's Services department was able to develop several programs designed by the Center of Innovated Practices. TCC has long offered home-based intervention and has recently moved toward full fidelity of this program in cooperation with the OhioRISE initiative. As the program has been operating in close cooperation with the Center of Innovative Practices and training staff for Intensive Home-Based Intervention for years, the center was able to transition with OMHAS and get interim certification for the program.

Another major goal and addition to the department was the development and launch of the Mobile Response Stabilization Service for youth. The program continues to grow in its service delivery and multiple community partners are beginning to utilize this service. It will eventually be transitioned to a 24/7 response as additional staff are identified.

MHRB-FUNDED SERVICES AND PROGRAMS

Access to Wellness: Funding of up to \$8,000 per year per person for necessary supports or services for those with two or more psychiatric hospitalizations or crisis stabilization stays or currently in jail and with a diagnosed significant mental illness once other funding has been exhausted.

Addiction Treatment Program: Funding for treatment and ancillary services for the Specialized Docket Drug Courts.

Assisted Outpatient Treatment: providing community-based mental health treatment under civil court commitment.

Community Transitions Program/ Re-Entry: Funding to serve significantly mentally ill individuals and those with substance use disorders leaving prisons, by providing in-reach, linkage and follow up.

Indigent Driver Alcohol Treatment: The Indigent Driver Alcohol Treatment Fund allows the court to access necessary addiction treatment services for offenders convicted of operating a vehicle under the influence of alcohol or drugs who are unable to pay for those services.

Capital Projects: The Board has a rich history of helping to secure funds to help our partner agencies and community partners with developing needed spaces and facilities to meet the community's needs.

Behavioral Health Juvenile Justice Initiative (BHJJ): The Board is a part of this initiative which is a cohort of evidence-based programs designed to identify and divert justice-involved youth with mental health and substance abuse disorders into community-based treatment.

Family Children First Council (FCFC): The Family and Children First Council helps coordinate services for families with children prenatal through age 24, as a part of the Ohio Family and Children First initiative.

SOS/SOR (State Opioid and Stimulant Response) Funding: This grant helps to fund high-quality prevention, harm reduction, early intervention, treatment, and recovery supports that connect community members with life-saving services.

Campus Safety Collaborative: The Board partners with local institutions of higher education in an effort to support the development of suicide prevention, mental health promotion, and stigma reduction programs for campus faculty, staff, and students.

Early Childhood Mental Health (ECMH): Early childhood mental health consultation seeks to promote positive outcomes for infants and young children by helping caregivers (i.e. family members, early education providers, etc.) develop the attitudes and skills necessary to effectively support the social and emotional development of the young children in their care.

Problem Gambling: Services provided by this funding help to reduce problem gambling and to make sure that gambling treatment and prevention is available.

Crisis Services: The WHMHRB provides funding and oversight to the crisis continuum of emergency mental health services in both counties to ensure that every resident has access to the services they need when they need them, regardless of income or other barriers.

Criminal Justice and Behavioral Health: OneEighty provides services to inmates for Wayne & Holmes counties. Anazao is providing services in Holmes County Jail.

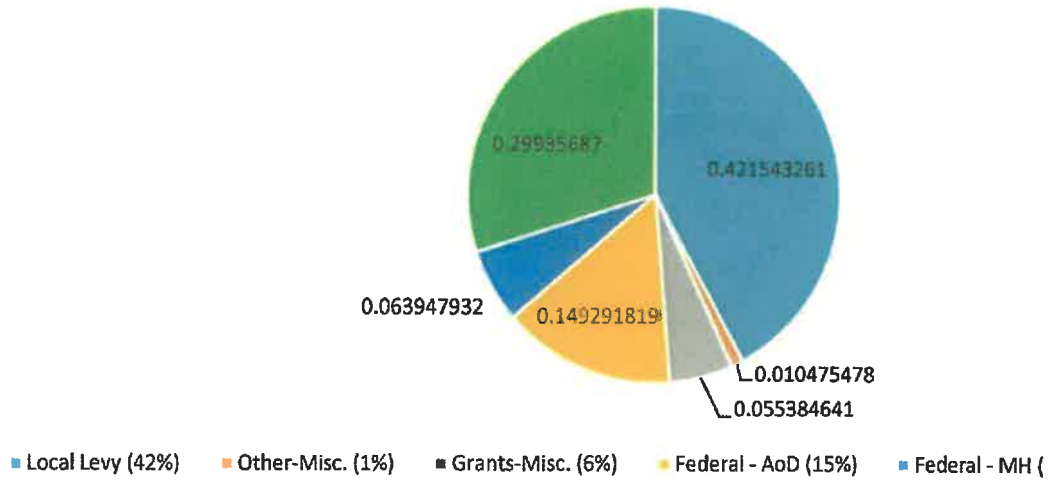
FY23 MHRB MEMBERS

Michael Brumfield	Roger Moore
Annette Cary	Ryan Murphy
Dennis Finley	Barbara Mykkanen
Steve Glick	Matt Ogden
Cherie Graham	Jim Pyers
Rhonda Ling	Sarah Smith
Gary Messner	Robin Troyer
Matt Miller	

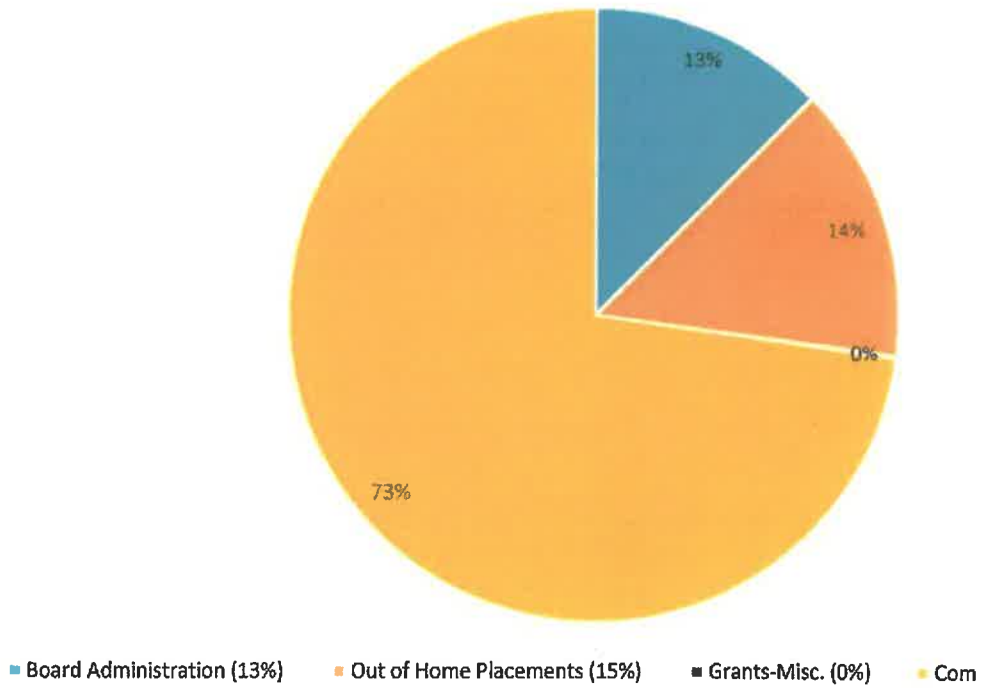
FY23 STAFF

Holly Brizzi
Brenda Cronin
Joanna Edwards
Olefemi Olugbemiro
Carrie Rowland
Megan Solsman

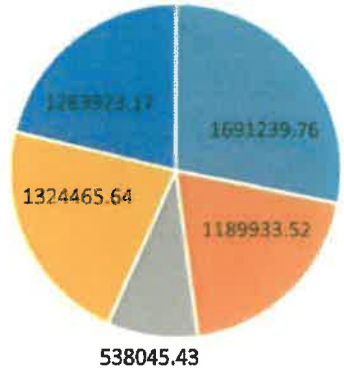
FY23 ACTUAL MHRB REVENUE - \$10,096,185



FY23 ACTUAL MHRB EXPENDITURES - \$9,327,698



**FY23 COMMUNITY SERVICES BREAKDOWN
NON MEDICAID**



■ Counseling/Treatment (28%) ■ Community Support (20%) ■ Prevention (9%) ■ Residential (22%)